

**Reflective Practice**  
**with a Collaborative Ethic**  
*The Collaborative Practice Groups of Ottawa*  
June 5, 2009, 8:30 - Noon  
Pinecrest-Queensway Health and Community Services  
1365 Richmond Road, Ottawa, Ontario  
613-820-4922 [www.pqhcs.com](http://www.pqhcs.com)

**In** our pressured workplaces, we too often adopt a reactive stance, treating complex situations like problems to be fixed rather than possibilities to be explored. As a result, we can experience discouragement, frustration, and even burnout.

Reflective practice provides an alternative way forward. Founded on a commitment to dialogue and an ethic of collaboration, it makes space for multiple points of view, breathing life into opportunities unforeseen in the rush to react. This half-day event will explore variations on reflective practice through the accounts of counsellors, therapists, and social workers currently engaged in a variety of formalized reflective processes in their workplaces, as well as managers who have committed to supporting staff member in participating in these activities.

There are currently six Collaborative Practice Groups operating in Ottawa. They are a network of practitioners who use variations on reflecting team work in both group supervision and direct service. As hosts of this half-day event, they will demonstrate ways of reflecting on practice in a spirit of collaboration, speak of the impact this has had on their own practice, and share ideas about generating similar collaborative initiatives.

*Participants will:*

- ◆ Learn about the theory and ethic of reflective practice
- ◆ Hear about the impact from professionals who regularly engage in reflective practice
- ◆ Engage in facilitated reflecting processes
- ◆ Establish professional links with like-minded community partners groups to counteract isolation and burnout

This event is sponsored by the Glebe Institute ([www.glebeinstitute.com](http://www.glebeinstitute.com)) and is *free of charge.*

**It is vital that you RSVP to Karen Hill at [karenmcvie@hotmail.com](mailto:karenmcvie@hotmail.com)**

**FREE PARKING** is offered by Wal-Mart across the street. Please leave a **NOTE ON THE DASH** indicating you are attending the event.