

# the Glebe Institute

149 Second Avenue, Suite 201 Ottawa, Ontario K1S 2H6  
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## *The Heart of the Story: An Introduction to Narrative Practice*

**April 19, 9:00 – 4:30, May 3 and May 31, 1:00 – 4:30 pm.**

Narrative ideas and practices can greatly expand the repertoire of choices for counsellors and therapists working from a strength-based perspective. In addition to building on “what works”, learn to consolidate positive developments by connecting them with the unique ways people make meaning of their identities and relationships.

Join us for a practical and accessible workshop facilitated by a team of Glebe Institute trainers. Our teaching team will bring extra energy to the training and provide the opportunity for individual attention to each of the participants.

**A one-day primer with follow-ups for counsellors with some background in strength-based approaches. Qualifies for CE units with the Canadian Counselling Association.**

**...Includes handouts, roleplay, dramatic re-enactments, experiential exercises, recommended further reading.**

### Two Follow Up Half Days:

The unique format of this workshop leaves room for putting the skills to work by following the homework to be shared and explored at the subsequent two afternoon sessions. The idea behind the half-days is to put the ideas “on their feet” by trying them out in actual practice contexts.

### *Participants will learn:*

- How to separate problems from persons
- How to adopt a collaborative stance
- How to identify and name alternative stories and thicken counterplots
- How to highlight the ideas, beliefs and principles that support problems
- How to identify intentional states (values, hopes, purposes, commitments)
- How to explore the effects and influences of problems on people's lives
- Practice “maps” to help you conceptualize your work

### **Time and Location**

Where: Sandy Hill Community Centre.

When: 9:00 am – 4:00 pm Friday,  
Thursday, April 19.

Half days 1:00 - 4:30 Friday, May 3,  
Thursday May 31.

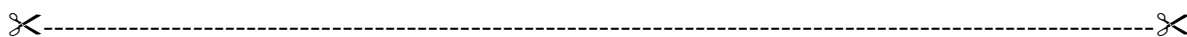
\*training on Day One starts at **9:00 AM sharp** and **1:00 PM sharp** on latter half-days so please arrive early and **join us for coffee (and muffins Day One)**. See attached directions and map to Sandy Hill Community Centre.

### **Cost and Registration**

Cost for the **one-day training is \$100.00**.

Students and practitioners who have graduated from counselling/social work programs within the past year are offered a **discounted rate of \$75.00**. All registrations must be submitted by a **deadline of March 15**.

Cost for the two follow-up half days is an **early bird rate of \$40 per day** for those who register up front prior to March 15. Participants may elect to enrol in the two extra half days later and do so at the end of the first day for a cost of \$50 per half day. See registration form on this website.



## **Heart of the Story Registration Form**

**Time** : 9 am-4:30 pm **Date**: Apr. 19, 2007 (9:00-4:30) May 3 & 31, 2007 (1:00 – 4:30)

**Location**: Sandy Hill Community Centre, 250 Somerset East, Ottawa

**Telephone** Sandy Hill 613-564-1062. **Telephone** Glebe Institute 613-565-8346

**Name**: \_\_\_\_\_

**Organization**: \_\_\_\_\_

**Mailing Address**: \_\_\_\_\_

**Email Address**: \_\_\_\_\_

**Contact numbers**:

work:

home:

cell:

**PLEASE NOTE: Registration deadline is Mar 15, 2007**

Cost for the Full Day April 19 is \$100, and \$75 for students or practitioners who have graduated from counselling/social work programs in past year. Documentation will be requested.

Cost of the half days is \$50 per half day or \$40 per half day for students and those who register up front *prior to March 15*. The organizers reserve the right to cancel the workshop due to low registration one month in advance of the first day.

### **Payment:**

**Please print this form and send it with a cheque made out to The Glebe Institute. Send to 127 Glenora Street, Ottawa, Ontario. K1S 1J2**

A receipt will be provided in your workshop package.

- |                          |   |         |
|--------------------------|---|---------|
| <input type="checkbox"/> | Full Day regular rate \$120                     | = \$100 |
| <input type="checkbox"/> | Full day student rate \$75                      | = \$75  |
| <input type="checkbox"/> | Half day student/early bird \$40/day X 2 = \$80 |         |
|                          | <b>TOTAL</b>                                    | _____   |

Free parking is available onsite. See website for directions. The workshop begins at 9:00 am sharp. Please come early for coffee and muffins.

## ***The Training Team***

***Don Baker*** Don has been working with youth for 20 years, most recently as a staff member with the Youth Services Bureau of Ottawa. Don has a special interest in youth violence as an expression of cultural and gender discourses. He is committed to developing communities of practice by helping practitioners from diverse settings to come together to learn and grow. He regularly presents workshops on abuse, relationships, violence, anger and the media for both youth and adults.

***Marc Leger*** Marc is an Ottawa-based counsellor who works with individuals, their friends and families or caregivers in response to a broad range of difficulties and concerns related to the effects of experiences of violence and abuse in their lives. Marc is particularly interested in narrative practice and its intersections with community work/activism, post structural theory and relational ethics. Marc has completed advanced trainings in collaborative forms of therapy, including a year long post graduate level clinical training program Brief and Narrative Therapies with Individuals, Families and Couples through the Hinks-Dellcrest Treatment Centre and the University of Toronto. Most recently, Marc completed an International Post-Graduate Diploma in Narrative Therapy with Michael White and teaching faculty at the Dulwich Centre in Southern Australia.

***Christine Novy*** Christine is a drama and play therapist with advanced training in narrative therapy. She is a visiting professor in creative arts therapies' and theatre programs at Concordia University, Ottawa University and Algonquin College and collaborates with a variety of health care organizations within the Capital region to promote creative, narrative approaches to personal and community health. Christine is a clinical associate at the Glebe Institute and also offers a bilingual private practice service in Gatineau (Aylmer sector) that includes creative counselling for adults and children as well as clinical supervision for health professionals.

***David Paré*** David is the director of the Glebe Institute. David is a registered psychologist and family therapist. He's an associate professor in Educational Counselling at the Faculty of Education at the University of Ottawa and also maintains a private practice in individual, couple, and family therapy. David has a long-standing interest in collaborative approaches to counselling, having completed advanced trainings in New Zealand, Australia, and Canada. He has written widely and presented internationally on the subject of narrative and postmodern therapies, as well as offering training and supervision in these areas. David has recently co-edited two books. These two new edited collections are devoted to exploring collaborative practices in counselling and therapy. With contributions from a wide range of international practitioners, the chapters touch on the influence of postmodern and poststructural ideas in therapy, research, teaching, supervision, and theory.

***Francine Titley*** A lawyer by training, Francine has been working as a private consultant in mediation and dispute resolution as well as delivering training in conflict management, harassment prevention, negotiation and mediation in both official languages for over 12 years, in the private and public sectors. She recently completed an M.A. degree in educational counseling at the University of Ottawa. An avid learner, Francine began specializing in narrative therapy four years ago. She is presently enrolled in a year long internship with Michael White, one of the pioneers of this approach at the Dulwich Center in Australia. She also completed in 2005 a 12 month internship program in Chicago with Jill Freedman and Gene Combs, both of whom are credited for having introduced the Narrative approach to the USA. Ms Titley is very dedicated to the promotion of narrative therapy, including definitional ceremonies. She invariably brings enthusiasm, energy and creativity to all her commitments.